

Careers with a Psychology degree

Psychologists

Academia/Research
Clinical
Counselling
Education
Forensic
Health
Neuro
Occupational
Sport

Mental Health

Children's Wellbeing Practitioner
Clinical Associate Psychologist
Counselling
Education Mental Health
Practitioner
High Intensity Practitioner
Play/Art/Drama Therapy
Psychological Wellbeing
Psychotherapy

Business

Business Development
Finance
HR
Marketing
Management
Recruitment

Research & Data

Data Analyst
Cyber Security
Market Research
Social Research

Criminal Justice

Crime Intelligence
Police
Prison
Probation
Youth Offending

Social

Advice & Guidance
Coach & Mentor
Key Worker
Social Work
Speech Therapy

Education

Adult Education
Education Consultant
EFL/ESOL
Learning Support
Prison Education
Teaching

For more information go to www.prospects.ac.uk/job-profiles

1. Chartered/Practitioner/Registered Psychologist

Postgraduate study is essential to become a Chartered Psychologist and to register as a Practitioner Psychologist with the Health & Care Professionals Council (HCPC). Competition is high for these courses – see our '[Building work experience for professional psychology doctorates](#)' leaflet for more information.

- [Clinical psychologists](#) aim to reduce the distress and improve the psychological wellbeing of their clients. They use psychological methods and research to make positive changes to their clients' lives and offer various forms of treatment.
- [Counselling psychologists](#) use psychological theory and research in therapeutic work to help clients with a variety of problems. These problems can include difficult life issues and mental health conditions.
- [Educational psychologists](#) help children or young people who are experiencing problems that hinder their successful learning and participation in school and other activities. These problems can include a range of emotional and social problems or learning difficulties.
- [Forensic psychologists](#) are involved with the assessment and treatment of criminal behaviour. They work with prisoners, offenders, other professionals involved in the judicial and penal systems, and victims of crime. The role involves criminal profiling, providing research-based evidence to develop policy and working practices, giving evidence in court and advising parole boards and mental health tribunals.
- [Health psychologists](#) help patients of all ages and with varying psychological or physical health issues respond to and manage the psychological aspects of their illness.
- [Neuropsychologists](#) work with people of all ages dealing with patients who have had traumatic brain injury, strokes, toxic and metabolic disorders, tumours and neurodegenerative diseases.
- [Occupational psychologists](#) apply psychological knowledge, theory and practice to the world of work. They aim to help an organisation get the best performance from their employees and to improve employees' job satisfaction.
- [Sport and exercise psychologists](#) are concerned with the behaviours, mental processes and well-being of individuals, teams and organisations involved in sport and exercise. They typically specialise in either sport or exercise, although some work across both fields.
- [Teaching and research psychologists](#) Teaching staff qualified in one of the applied psychological fields may return to teaching to develop professional practice and conduct research or share their knowledge. University lecturers are expected to extend their subject by gathering psychological evidence on key research questions and publish articles about their findings.

To find out more go to:

- <http://careers.bps.org.uk/>
- www.prospects.ac.uk/job-profiles

2. Counselling and Psychological Therapies

These roles include:

- [Clinical Associate Psychologist](#)
- [Education Mental Health Practitioner](#)
- [Children's Wellbeing Practitioner](#)
- [Counsellors](#)
- [High intensity therapists](#)
- [Psychological wellbeing practitioners](#)

- [Psychotherapists](#)

To find out more see our '[Careers in Counselling and Psychological Therapies](#)' leaflet and go to www.prospects.ac.uk/job-profiles.

3. Other 'helping' careers

There are many other job roles working with people where a Psychology degree is useful such as: [Advice worker](#), [Careers adviser](#), [Detective](#), [Human resources officer](#), [Market researcher](#), [Play therapist](#)

Please see our '[Working in Criminal Justice](#)', '[Working with People](#)' and '[Working with Children & Young People](#)' leaflets in **firstpoint** or via the careers webpages at www.worc.ac.uk/careers

4. Other options

A degree in psychology provides a useful foundation for a range of careers and employers and many graduates go into careers that are not directly related to psychology. For information on options with psychology and transferable skills gained on a psychology degree, go to:

- <https://targetjobs.co.uk/careers-advice/degree-subjects-your-options/301050-what-can-i-do-with-a-psychology-degree>
- www.prospects.ac.uk/careers-advice/what-can-i-do-with-my-degree/psychology

To see what other psychology graduates are doing now go to:

- www.worcester.ac.uk/careers/thinkingaboutwhatisavailable
- <https://luminare.prospects.ac.uk/what-do-graduates-do>

Psychometric tests give feedback on interests, skills, personality and attributes which can help you decide which kinds of job roles and working environments that best suit you, or which skills and experiences you need to develop to be successful in your chosen career. To have a go at our free tests go to:

- www.worcester.ac.uk/careers/psychometrics

You may also wish to pick up a copy of our '[Quick Guide to Career Planning](#)' from **firstpoint** or visit our website for other resources and activities to help you explore your options, www.worc.ac.uk/careers If you would like to book a careers appointment to discuss your options, please visit: <https://worcester.targetconnect.net>

myCareer

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