

# Interview Checklist

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Do feel you are 'interview ready'? Have you:

- Re-read the job description and employer competencies?
- Re-read your application, particularly your personal statement?
- Considered questions you may be asked and prepared answers with different examples to highlight skills and experience?
- Prepared the key things you would like the employer to remember about you?
- Practiced saying your answers out loud? Try with a friend or relative, in a mirror, or record and play back to yourself
- Practiced using the STARR technique to frame your answers?
- Researched the company?
- Researched the industry/profession?
- Prepared questions to ask about the company or job?
- Researched the format of the interview, prepared what you are going to wear and how to get there?
- Prepared some relaxation techniques to practice before going in to the interview?

Further information about interviews at [www.worc.ac.uk/careers/interviews](http://www.worc.ac.uk/careers/interviews)

If you would like to book a careers appointment,  
please visit: <https://worchester.targetconnect.net>

**myCareer**

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